

**2025 Iowa ProStart Invitational — Team *Culinary* Competition Schedule (as of 2/17/2025)**

		Segment Time											
		15	15	5	5	20	60	10	10	5	20	5	
Team	Timers	Team Must Report To Competition Product Check-in Area To Arrange Speed Rack	Product Check-In	Team Must Walk To Station	Team & Menu Intro.	Production Mise en Place	Start Cooking	Present Plates/ Skills Critique	Judge's Tasting Critique	Judge's Recipe & Menu Critique	Station Clean Up	Sanitation Critique/ Dismissal	Out
Davenport <b>(Station 1)</b>	Timer Information	7:30 AM	7:45 AM	8:00 AM	8:05 AM	8:10 AM	8:30 AM	9:30 AM	9:40 AM	9:50 AM	9:55 AM	10:15 AM	10:20 AM
Sergeant Bluff-Luton <b>(Station 2)</b>	Timer Information	7:50 AM	8:05 AM	8:20 AM	8:25 AM	8:30 AM	8:50 AM	9:50 AM	10:00 AM	10:10 AM	10:15 AM	10:35 AM	10:40 AM
West Lyon <b>(Station 3)</b>	Timer Information	8:10 AM	8:25 AM	8:40 AM	8:45 AM	8:50 AM	9:10 AM	10:10 AM	10:20 AM	10:30 AM	10:35 AM	10:55 AM	11:00 AM
Waukee Northwest Team 1 <b>(Station 4)</b>	Timer Information	8:30 AM	8:45 AM	9:00 AM	9:05 AM	9:10 AM	9:30 AM	10:30 AM	10:40 AM	10:50 AM	10:55 AM	11:15 AM	11:20 AM
Waukee Northwest Team 2 <b>(Station 5)</b>	Timer Information	8:50 AM	9:05 AM	9:20 AM	9:25 AM	9:30 AM	9:50 AM	10:50 AM	11:00 AM	11:10 AM	11:15 AM	11:35 AM	11:40 AM
Hampton-Dumont CAL <b>(Station 6)</b>	Timer Information	9:10 AM	9:25 AM	9:40 AM	9:45 AM	9:50 AM	10:10 AM	11:10 AM	11:20 AM	11:30 AM	11:35 AM	11:55 AM	12:00 PM
Alburnett <b>(Station 7)</b>	Timer Information	9:30 AM	9:45 AM	10:00 AM	10:05 AM	10:10 AM	10:30 AM	11:30 AM	11:40 AM	11:50 AM	11:55 AM	12:15 PM	12:20 PM
Des Moines Central Campus Team 1 <b>(Station 8)</b>	Timer Information	9:50 AM	10:05 AM	10:20 AM	10:25 AM	10:30 AM	10:50 AM	11:50 AM	12:00 PM	12:10 PM	12:15 PM	12:35 PM	12:40 PM
Des Moines Central Campus Team 2 <b>(Station 9)</b>	Timer Information	10:10 AM	10:25 AM	10:40 AM	10:45 AM	10:50 AM	11:10 AM	12:10 PM	12:20 PM	12:30 PM	12:35 PM	12:55 PM	1:00 PM

Des Moines Central Campus Team 3 <b>(Station 10)</b>	<b>Timer Information</b>	10:30 AM	10:45 AM	11:00 AM	11:05 AM	11:10 AM	11:30 AM	12:30 PM	12:40 PM	12:50 PM	12:55 PM	1:15 PM	1:20 PM
Des Moines Central Campus Team 4 <b>(Station 11)</b>	<b>Timer Information</b>	10:50 AM	11:05 AM	11:20 AM	11:25 AM	11:30 AM	11:50 AM	12:50 PM	1:00 PM	1:10 PM	1:15 PM	1:35 PM	1:40 PM
Des Moines Central Campus Team 5 <b>(Station 12)</b>	<b>Timer Information</b>	11:10 AM	11:25 AM	11:40 AM	11:45 AM	11:50 AM	12:10 PM	1:10 PM	1:20 PM	1:30 PM	1:35 PM	1:55 PM	2:00 PM
Des Moines Central Campus Team 6 <b>(Station 13)</b>	<b>Timer Information</b>	11:30 AM	11:45 AM	12:00 PM	12:05 PM	12:10 PM	12:30 PM	1:30 PM	1:40 PM	1:50 PM	1:55 PM	2:15 PM	2:20 PM
Norwalk <b>(Station 14)</b>	<b>Timer Information</b>	11:50 AM	12:05 PM	12:20 PM	12:25 PM	12:30 PM	12:50 PM	1:50 PM	2:00 PM	2:10 PM	2:15 PM	2:35 PM	2:40 PM
Adel DeSoto Minburn <b>(Station 15)</b>	<b>Timer Information</b>	12:10 PM	12:25 PM	12:40 PM	12:45 PM	12:50 PM	1:10 PM	2:10 PM	2:20 PM	2:30 PM	2:35 PM	2:55 PM	3:00 PM